



MADRONA NATUROPATHIC HEALTHCARE

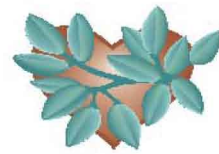
Margaret M. Stahler, ND, MPH, PhD

160 B Guthrie Lane, Suite 9

Brentwood, CA 94513-4059

Phone: (925) 516-4072 Fax: (925) 516-4074

Email: margaretstahlerND@hotmail.com



Sports Injury Relief!

If your body is not moving the way it used to, or if you have pain with exercise, consider **Cranial Sacral Therapy**.

A light touch therapeutic pain relieving body work.

Would you like to:

- ⇒ Restore your golf swing?
- ⇒ Run or jog?
- ⇒ Get your serve back?
- ⇒ Work out at the club again?
- ⇒ Get your training reactivated?
- ⇒ Stroll with your friends?
- ⇒ Take the dog out for a walk?
- ⇒ Water walk in the pool?
- ⇒ To lose your pain?



Then come in for an *In Office Treatment* for the following and more:

- ⇒ Adhesions
- ⇒ Sprains
- ⇒ Inflammation
- ⇒ Falls
- ⇒ Contusions
- ⇒ Periosteal Injuries



- ⇒ Bruising
- ⇒ Overexertion
- ⇒ Stress
- ⇒ Fear of re-injury
- ⇒ Broken Bones concurrently being treated or following orthopedic

Not a substitute for severe cartilage loss, orthopedic treatment or loss of mobility in cases of severe damage from surgery/tissue loss